

“Helping Units Succeed”

CPR Training
Wednesday, February 15, 2011
Start: 6:00 PM
Finish: approximately 9:30 PM

Location: Batavia East Side Firestation
800 East Wilson Street
Batavia, IL 601510

This course provides citizen responder level CPR and AED training, and will be presented by the Batavia Fire Department. Instruction is based American Heart Association.

Cost is \$25 per person, and is payable at the class.

Class size is limited to a maximum of 20. Seats in the class will be allocated in the order that I receive registration emails.

To register please send an email to: Training_Paul@Foxvalleytfc.org

To provide lead time for materials, registration must be received by January 31.

Questions?: Send an email, or call Paul Nepermann (630) 404-8477

WHY LEARN CPR?

Cardiac arrests are more common than you think, and they can happen to anyone at any time.

- **Nearly 300,000 out-of-hospital sudden cardiac arrests occur annually, and 80 percent of cardiac arrests occur at home.**
- **Many victims appear healthy with no known heart disease or other risk factors.**
- **Sudden cardiac arrest is not the same as a heart attack.**

Sudden cardiac arrest occurs when electrical impulses in the heart become rapid or chaotic, which causes the heart to suddenly stop beating.

A heart attack occurs when the blood supply to part of the heart muscle is blocked. A heart attack may cause cardiac arrest.

WHO CAN YOU SAVE WITH CPR?

The life you save with CPR is mostly likely to be a loved one.

- **Four out of five cardiac arrests happen at home.**
- **Statistically speaking, if called on to administer CPR in an emergency, the life you save is likely**

to be someone at home: a child, a spouse, a parent or a friend.

WHY TAKE ACTION?

Failure to act in a cardiac emergency can lead to unnecessary deaths.

- **Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim’s chance of survival, but only 32 percent of cardiac arrest victims get CPR from a bystander.**
 - **Sadly, less than eight percent of people who suffer cardiac arrest outside the hospital survive.**
 - **The American Heart Association trains more than 12 million people in CPR annually, to equip Americans with the skills they need to perform bystander CPR.**
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